



MARCH-KANATA SKATING CLUB

STARSKATE 2019/2020 – REGISTRATION



The MARCH-KANATA Skating Club (MKSC) offers STARSkate sessions for STARSkaters of all levels. Skaters in these programs work on developing their skills in all disciplines of figure skating including skills, dance, freeskate and interpretive.

Most sessions include a group stroking or conditioning component, which is led by our MKSC Professional Coaches. Skaters then work independently for the remainder of the session.

The season runs from September 3, 2019 until April 5, 2020. **Registration deadline is Aug 26, 2019.** Registrations received after August 26, 2019 will be subject to a \$25 late registration fee per session. Registrations will also be subject to a \$25 change fee per session for any changes requested to existing registrations.

Registration priority will be given to skaters who are registered as March-Kanata members with Skate Canada up to the registration deadline of August 26, 2019 after which time we will accept registration for both ice and off-ice sessions from skaters from other clubs.

Link: [MKSC Registration](#)

MEMBERSHIP

The registration fee includes program fees and a mandatory Skate Canada membership fee (**non-refundable**).

LATE REGISTRATION

Late registrations will be prorated along with a \$25.00 late fee per session.

REFUNDS

Refunds are subject to a \$50 administration charge. There will be no refunds after **September 16, 2019** except for medical reasons. Refunds for medical reasons must be accompanied by a doctor's certificate.

CANCELLATION

If a session must be cancelled for reasons beyond MKSC's control, such as severe weather or arena closures, sessions will not be refunded or rescheduled. Sessions missed by a skater cannot be made up another time.

TEST DAYS

In order to participate in Test Days, members must be in good standing with MKSC. Scheduled Test Days at MKSC are: November 22 & 23 2019, February 14 & 15 2020 and April 3 & 4 2020.

SUPERVISION

Skaters are not permitted on the ice without a coach or an adult with first aid training present with their eyes on the ice. As our coaches are focused on providing skating instructions, **parents/guardians of young skaters (under 12 years of age) are required to be in the arena to supervise their skaters.**

MUSIC PLAYING DUTY

In order to keep the program fees to a minimum, parents/guardians are required to play music on their skater's sessions. Anyone unable to play music on their skater's session is welcome to arrange to trade their music playing sessions with another family for music playing on another session. Each skater will be responsible for playing music twice on each session that they are registered on. Please sign-up to play music when you register for skating. Music playing is easy. We will be providing both written instructions and training sessions at the start of the season.

It is a parent's responsibility to find a replacement if they are unable to play music on their designated day.

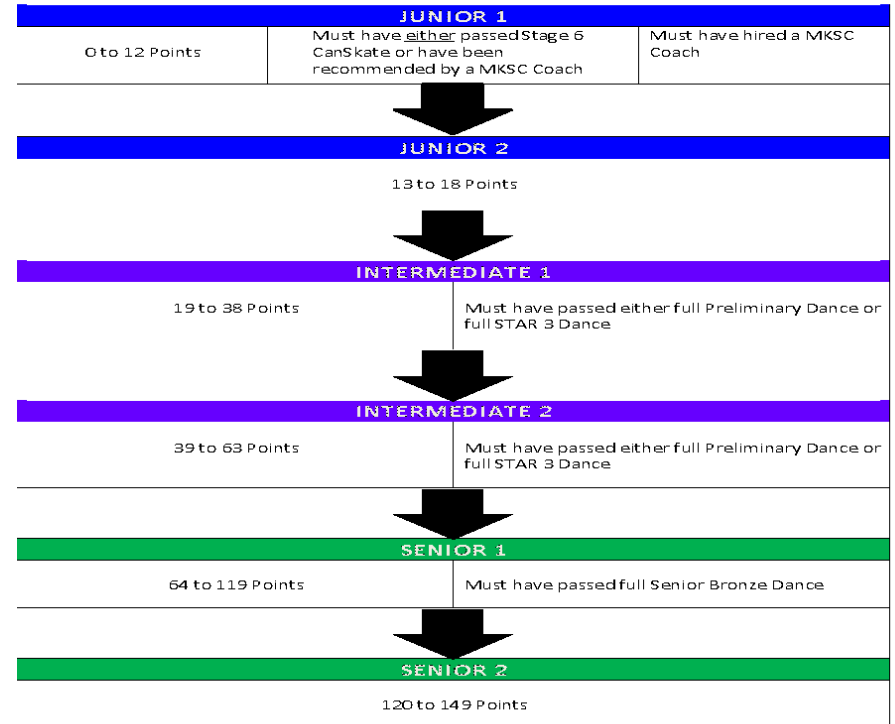
VOLUNTEER REQUIREMENTS

March-Kanata Skating Club is entirely run by volunteers. For the club to continue to operate without being forced to raise fees and hire administrative staff, we need all parents and skaters to contribute their time. [Volunteer Policy](#)

QUALIFICATIONS

How does it work?

- A skater is credited with points for every test passed in each of the disciplines (FreeSkate Program, FreeSkate Elements, Skills, Interpretive and Dance). The number of test points allocated to each test is outlined in the MKSC Points Allocation Matrix.
- A skater must satisfy both the test points requirement **AND** the minimum dance requirements to qualify on a session.
- If a skater wishes to skate on a session for which they do not qualify, a request must be submitted in writing by the Skater's Coach to the STARSkate Director. The request will be evaluated by the Admissions Committee. Priority will be given to skaters qualified to skate on a session.
- If you are unsure of how many points your skater has, please contact the STARSkate Director.
- Please note that the number of points required to qualify to skate at a particular level is subject to change in future seasons.



DANCE PARTNERING

Dance partnering lessons will be made available. Skaters' coaches will make the arrangements with the dance partner.

LOCKERS

A limited number of lockers are available for rent at a cost \$50 for the 2019/2020 skating season.

Lockers can be purchased through the on-line registration system. [Locker Rental](#)

Registration Instructions

Prior to attempting to register your skater online please review the programming available (described below) based on your skater's level and determine which ice sessions and off-ice sessions you wish to register for. **Please review your selections with your coach before registering.**

If you have not yet hired a MKSC coach, you should do this prior to proceeding. Here is a link to our Coaches Biographies [Coaches Biographies](#).

Your skater's coach will provide recommendations on how often they would like to see your skater on the ice and will provide recommendations related to off-ice programming. You should review your program selections with your coach prior to registering to ensure that they have availability to coach your skater on the sessions that you have selected.

Eligible Program Assistants are asked to register online to be Program Assistants for the 2019/2020 Season by August 26, 2019. [PA Registration](#)

PAYMENT OPTIONS

Payment can be made via debit or credit card. You will have three payment options:

- 1). Payment in full upon registration
- 2). Payment in 2 installments – the first due upon registration (50%) and the second due on December 1, 2019 (50%).
- 3). Payment in 5 installments – the first due upon registration (20%), the second due on September 1, 2019 (20%), the third due on October 1, 2019 (20%), the fourth due on November 1, 2019 (20%) and the final payment due on December 1, 2019 (20%).

If either of the two installment choices are selected, the installments will be charged to the card on file automatically on the due date. In event that the charge cannot be processed or is declined on the due date, an administration fee of \$25 will be charged. If you need to change your card information, please reach out to the Treasurer prior to the payment due date.

PA Credits Reimbursement:

Program Assistant credits have already been applied to your skater's account and are available for use to reduce their registration fees.

Option 1 (Full Payment at time of Registration)

This option would allow any PA Credits to be used in full at time of registration (i.e.: No Installments). If the PA Credit amount exceeds the registration amount, the balance will be available on account for future purchases. Multi Session Discounts are optimized with this option.

Option 2 (Split Registration using PA Credit)

This option would allow a Skater to register for one purchase using a PA Credit, and then make another purchase to choose "Installment Plan". Multi Session Discounts are calculated on a single transaction basis and may not calculate appropriately under this option.

Option 3 (Installment Plan – note that PA Credits will be applied starting with the second installment until fully used)

This option would allow a skater to register in one checkout, with "Installment Plan" as a Payment Method. The PA Credits will be manually applied starting on the second installment until they are fully used. Multi Session Discounts are optimized with this option. MKSC prefers this option not be chosen if PA Credits exceed the installments due after the initial registration installment is paid.

Questions on payments, installments or PA Credits should be directed to the Treasurer at treasurer.mksc@gmail.com

Fees

You can use the registration Calculation Section below to calculate your fees.

Please note that our fees have increased this season to cover our increased ice costs.

Registration Fees Calculation

Total Program Fees of all sessions chosen	
Less Discount: 5% if registering for 4 or more sessions at one time	-
Or 10% if registering for 6 or more sessions at one time	-
NET PROGRAM FEES	=
Add: \$ 43.70 Skate Canada Membership Fee	+ 43.70
Add: \$50 Locker Rental Fee, if required	+
Less: Program Assistant Credits	-
Add: \$25 Late Registration fee, if applicable per ice session	+
TOTAL OWING TO MKSC	=

Finally, we have included below the terms and conditions that you will be asked to agree to in the online registration tool to finalize your registration.

Terms and Conditions (must be accepted to complete registration):

- The March-Kanata Skating Club (MKSC), its board members, volunteers and coaches are not responsible for any accidents, injuries or loss of personal belongings either on or off the ice.
- I hereby authorize MKSC to place my child's name and/or photo on the arena bulletin boards, trophies, programs, newsletters, newspapers or website.
- I understand that my child cannot go on the ice without being registered properly for the session being skated. Registration fees and/or installments payable to MKSC must be paid up to date.
- I understand that a \$25.00 administration fee will be charged if my credit/debit card is either unable to be processed or is declined for any reason when my installments are due and that it is my responsibility to ensure that I have provided the club with updated card information prior to each of my installments being due.
- I understand that sessions with insufficient registration will be either cancelled or repurposed.
- I have read and understand my obligations under the Music Policy and the Volunteer Policy

If you have any questions on programming or registration please contact the STARSkate Director at starskate.mksc@gmail.com

Typical Week's Calendar at a Glance

MKSC Ice Schedule - 2019/2020

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7-8							Junior 1&2 7:00 - 8:30
8-9							
9-10							Intermediate 1&2 8:40 - 10:10
10-11							Senior 1&2 10:20 - 11:50
11-12	Intermediate and Senior 11:00 - 12:20						CanSkate and PreCan 12:00 - 12:50
12-1	CanSkate and PreCan 12:30 - 1:20						CanSkate and PreJunior 1:00 - 1:50
1-2	Junior 1&2 1:30 to 2:50						
2-3							
3-4							
4-5	Synchro 3:00 - 6:50	Intermediate 1&2 4:00 - 5:50	Intermediate and Senior 4:00 - 6:10	Junior 1&2 4:00 to 4:50	CanSkate and PreCan 4:00 - 4:50		
5-6				CanSkate and PreJunior 5:00 - 5:50	Intermediate 1&2 5:00 - 6:50	CanSkate and PreCan 5:00 - 5:50	
6-7		Senior 1&2 6:00 - 7:50	Junior 1&2 6:20 to 7:50	CanSkate 6:00 - 6:50		CanSkate 6:00 - 6:50	
7-8				Senior 1&2 7:00 - 8:50		Intermediate and Senior 7:00 - 7:50	
8-9		Adults & Teens 8:00 - 9:00					

Notes: Sessions Vary in Length. Programming - will be cancelled if insufficient registration

MKSC Off-Ice Schedule - 2019/2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Junior 1&2 Ballet 8:40-9:25
						Senior 1&2 Ballet 9:25-10:10
Int/Sr Off-Ice 10:00 - 10:45						Intermediate 1&2 Ballet 10:20-11:15
						Pre Junior Ballet 11:45-12:45
Junior 1&2 Off-Ice 3:00 - 3:45						
	Senior 1&2 Off-Ice 5:00 - 5:45	Junior 1&2 Off-Ice 5:45 - 6:10				
	Intermediate 1&2 Off-Ice 6:00 - 6:45					
				Intermediate 1&2 Off-Ice 7:00 - 7:45		

Programming and Fees

Junior 1&2 Programming Options					
	Activity	Level	SESSION	# of Sessions	Program Fee
	Off-Ice	Junior 1&2	<p>Off-Ice - Tuesday - 5:45pm to 6:10pm – 25 minutes Instructor: Kathryn Cumming (Biography included in Coaches Section) Off-Ice is an important part of learning how to properly warm-up and recover from skating. These exercises off ice will help the skaters with their elements on the ice as well as preventing injury. Please Bring: Skipping Rope and Running Shoes</p>	28	\$126
	Ice	Junior 1&2	<p>Tuesday - 6:20pm to 7:50pm – 1 hour 30 minutes Skating session that will include Stroking, FreeSkate, Skills and Dance. Junior 1&2 STARSkaters are encouraged to skate 2-3 times per week. There is a 25 minute Off-Ice session prior to this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	28	\$560
	Ice	Junior 1&2	<p>Wednesday - 4:00pm to 4:50pm – 50 minutes This is an OPEN unstructured session for Junior Skaters. March 18th, March 25th and April 1st session will be from 6 to 6:50pm Junior 1&2 STARSkaters are encouraged to skate 2-3 times per week.</p>	28	\$308
	Ice	Junior 1&2	<p>Saturday - 7:00am to 8:30am – 1 hour 30 minutes Skating session that will include Stroking, FreeSkate, Skills and Dance. Junior 1&2 STARSkaters are encouraged to skate 2-3 times per week. There is also a 45 minute Off-Ice session following this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	29	\$580
	Off-ice	Junior 1&2	<p>Ballet - Saturday - 8:40am to 9:25am – 45 minutes Instructor: Irina Shivrina (Biography included in Coaches Section) The Ballet class is made up of a combination of flexibility, ballet bar work, and music interpretation. It is an important key to the Skater’s success on the ice. Please Bring: Yoga Mat and Ballet/Jazz Shoes</p>	27	\$202.50
	Ice	Junior 1&2	<p>Sunday - 1:30 to 2:50pm – 1 hour 20 minutes Skating session that will include Stroking, FreeSkate, Skills and Dance. Junior 1&2 STARSkaters are encouraged to skate 2-3 times per week. There is also a 45 Off-Ice session following this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	29	\$522
	Off-ice	Junior 1&2	<p>Off-Ice - Sunday - 3:00pm to 3:45pm – 45 minutes Instructor: Kathryn Cumming (Biography included in Coaches Section) Off-Ice foundations is a critical part of a skater's development. It incorporates flexibility, mobility, conditioning, and core strength. Please Bring: Yoga Mat, Running Shoes and Skipping Rope</p>	27	\$202.50

Programming and Fees

Intermediate 1&2 Programming Options				
Activity	Level	SESSION	# of Sessions	Program Fee
Ice	Intermediate 1&2	<p>Monday - 4:00pm to 5:50pm – 1 hour 50 minutes Skating Session that will include Conditioning, FreeSkate, Skills and Dance. There is a 45 minute Off-Ice session following this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	29	\$725
Off-Ice	Intermediate 1&2	<p>Off-Ice - Monday - 6:00 to 6:45pm – 45 minutes Instructor: Kathryn Cumming (Biography included in Coaches Section) Off-Ice is a critical part of a skater's development. It incorporates flexibility, mobility, conditioning, and core strength. Please Bring: Yoga Mat, Running Shoes and Skipping Rope</p>	27	\$202.50
Ice	Intermediate 1&2 and Senior 1&2	<p>Tuesday - 4:00pm to 6:10pm – 2 hours 10 minutes Skating session that will include Conditioning, Theatre on Ice, FreeSkate, Skills and Dance.</p>	29	\$870
Ice	Intermediate 1&2	<p>Thursday - 5:00pm to 6:50pm - 1 hour 50 minutes Skating Session that will include Conditioning, FreeSkate, Skills and Dance There is also a 45 minute Off-Ice session following this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	27	\$675
Off-Ice	Intermediate 1&2	<p>Off-Ice - Thursday - 7:00pm to 7:45pm – 45 minutes Instructor: Jessica Fontaine (Biography included in Coaches Section) Off-Ice is a critical part of a skater's development. It incorporates flexibility, mobility, conditioning, and core strength. Please Bring: Yoga Mat, Running Shoes and Skipping Rope</p>	27	\$202.50
Ice	Intermediate 1&2 and Senior 1&2	<p>Friday - 7:00pm to 7:50pm – 50 minutes This is an OPEN unstructured session for Intermediate and Senior Skaters.</p>	26	\$286
Ice	Intermediate 1&2	<p>Saturday - 8:40am to 10:10am – 1 hour 30 minutes Skating session that will include Power, FreeSkate, Skills and Dance. There is also a 55 minute Off-Ice session following this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	29	\$580
Off-ice	Intermediate 1&2	<p>Ballet - Saturday - 10:20am to 11:15am – 55 minutes Instructor: Irina Shivrina (Biography included in Coaches Section) The Ballet class is made up of a combination of flexibility, ballet bar work, and music interpretation. It is an important key to the Skater's success on the ice. Please Bring: Yoga Mat and Ballet/Jazz Shoes</p>	27	\$256.50
Off-ice	Intermediate 1&2 and Senior 1&2	<p>Off-Ice - Sunday - 10:00 to 10:45am – 45 minutes Instructor: Jessica Fontaine (Biography included in Coaches Section) Meeting Room Off-Ice is a critical part of a skater's development. It incorporates flexibility, mobility, conditioning, and core strength. (Class limited to 8 due to room size) Please Bring: Yoga Mat and Running Shoes</p>	27	\$202.50
Ice	Intermediate 1&2 and Senior 1&2	<p>Sunday – 11:00 to 12:20pm – 1 hour 20 minutes This is an OPEN unstructured session for Intermediate and Senior Skaters.</p>	29	\$522

Programming and Fees

Senior 1&2 Programming Options					
	Activity	Level	SESSION	# of Sessions	Program Fee
	Off-Ice	Senior 1&2	<p style="text-align: center;">Off-Ice - Monday - 5:00pm to 5:45pm – 45 minutes</p> <p style="text-align: center;">Instructor: Kathryn Cumming (Biography included in Coaches Section)</p> <p>Off-Ice is a critical part of a skater's development. It incorporates flexibility, mobility, conditioning, and core strength.</p> <p style="text-align: center;">Please Bring: Yoga Mat, Running Shoes and Skipping Rope</p>	27	202.50
	Ice	Senior 1&2	<p style="text-align: center;">Monday - 6:00pm to 7:50pm – 1 hour 50 minutes</p> <p style="text-align: center;">Skating Session that will include Conditioning, FreeSkate, Skills and Dance.</p> <p>There is a 45 minute Off-Ice session prior to this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	29	\$725
	Ice	Intermediate 1&2 and Senior 1&2	<p style="text-align: center;">Tuesday - 4:00pm to 6:10pm – 2 hours 10 minutes</p> <p style="text-align: center;">Skating session that will include Conditioning, Theatre on Ice, FreeSkate, Skills and Dance.</p>	29	\$870
	Ice	Senior 1&2	<p style="text-align: center;">Wednesday - 7:00pm to 8:50pm – 1 hour 50 minutes</p> <p style="text-align: center;">Skating session that will include Conditioning, FreeSkate, Skills and Dance</p>	29	\$725
	Ice	Intermediate 1&2 and Senior 1&2	<p style="text-align: center;">Friday - 7:00pm to 7:50pm – 50 minutes</p> <p style="text-align: center;">This is an OPEN unstructured session for Intermediate and Senior Skaters</p>	26	\$286
	Off-ice	Senior 1&2	<p style="text-align: center;">Ballet - Saturday - 9:25am to 10:10am – 45 minutes</p> <p style="text-align: center;">Instructor: Irina Shivrina (Biography included in Coaches Section)</p> <p>The Ballet class is made up of a combination of flexibility, ballet bar work, and music interpretation. It is an important key to the Skater's success on the ice.</p> <p style="text-align: center;">Please Bring: Yoga mat and Ballet/Jazz Shoes</p>	27	\$202.50
	Ice	Senior 1&2	<p style="text-align: center;">Saturday - 10:20am to 11:50am – 1 hour 30 minutes</p> <p style="text-align: center;">Skating session that will include Power, FreeSkate, Skills and Dance.</p> <p>There is also a 45 minute Off-Ice session prior to this session that is available for separate registration. Registration in off-ice is strongly encouraged to complement your ice program.</p>	29	\$580
	Off-ice	Intermediate 1&2 and Senior 1&2	<p style="text-align: center;">Off-Ice - Sunday - 10:00 to 10:45am – 45 minutes</p> <p style="text-align: center;">Instructor: Jessica Fontaine (Biography included in Coaches Section) Meeting Room</p> <p>Off-Ice is a critical part of a skater's development. It incorporates flexibility, mobility, conditioning, and core strength. (Class limited to 8 due to room size)</p> <p style="text-align: center;">Please Bring: Yoga Mat and Running Shoes</p>	27	\$202.50
	Ice	Intermediate 1&2 and Senior 1&2	<p style="text-align: center;">Sunday – 11:00 to 12:20pm – 1 hour 20 minutes</p> <p style="text-align: center;">This is an OPEN unstructured session for Intermediate and Senior Skaters.</p>	29	\$522