

STARSkate Session Schedule for 2021-2022

MONDAY - INTERMEDIATE 1&2	
4:00pm -- 4:20pm	SKILLS
4:20pm -- 4:50pm	DANCE
4:50pm -- 5:50pm	FREESKATE
MONDAY - SENIOR 1&2	
6:00pm -- 6:30pm	DANCE / SKILLS
6:30pm -- 7:30pm	FREESKATE
7:30pm -- 7:50pm	CONDITIONING / EDGES & TURNS **
TUESDAY - INTERMEDIATE 1&2	
4:00pm -- 4:40pm	DANCE / SKILLS
4:40pm -- 5:40pm	FREESKATE
5:40pm -- 5:50pm	STROKING **
TUESDAY - JUNIOR 1&2	
6:00pm -- 6:50pm	OPEN
TUESDAY - JUNIOR 1&2	
7:00pm -- 7:50pm	OPEN
WEDNESDAY - SENIOR 1&2	
7:00pm -- 7:20pm	SKILLS
7:20pm -- 7:50pm	DANCE
7:50pm -- 8:50pm	FREESKATE
THURSDAY - JUNIOR 1&2	
4:00pm -- 4:50pm	OPEN
THURSDAY - INTERMEDIATE 1&2	
5:00pm -- 5:30pm	DANCE / SKILLS
5:30pm -- 6:30pm	FREESKATE
6:30pm -- 6:50pm	CONDITIONING / EDGES & TURNS **

FRIDAY – INTERMEDIATE AND SENIOR	
7:00pm -- 7:50pm	OPEN
SATURDAY -- JUNIOR 1&2	
7:00am -- 7:20am	DANCE
7:20am -- 8:00am	FREESKATE
8:00am -- 8:20am	SKILLS
8:20am -- 8:30am	STROKING **
SATURDAY - INTERMEDIATE 1&2	
8:40am -- 9:00am	DANCE / SKILLS
9:00am -- 10:00am	FREESKATE
10:00am -- 10:10am	STROKING **
SATURDAY - SENIOR 1&2	
10:20am -- 10:40am	DANCE / SKILLS
10:40am -- 11:40am	FREESKATE
11:40am -- 11:50am	STROKING **
SUNDAY - JUNIOR 1&2	
11:00am -- 11:10am	STROKING **
11:10am -- 11:25am	DANCE
11:25am -- 12:05pm	FREESKATE
12:05pm -- 12:20pm	SKILLS
SUNDAY - INTERMEDIATE AND SENIOR	
12:30pm -- 1:50pm	OPEN

** GROUP SESSION RUN BY MKSC COACHES, COACHING FEES INCLUDED IN REGISTRATION FEE.