



March-Kanata Skating Club

COVID-19 Return to Play

Updated March 1, 2022

Return to Play protocols are subject to change with direction from the Provincial Guidelines and Regulations, Skate Ontario and Ottawa Public Health.

Completion of Skate Ontario COVID-19 Waiver

All individuals participating in March-Kanata Skating Club's (Club) activities MUST complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). For participants under the age of 18, a parent or guardian must complete a form for each participant. Failure to do so means that the individual must not participate in Club activities. Participants include: Skaters, Coaches, Board Members, Volunteers and Officials (provide their waivers to Skate Ontario)

The City of Ottawa has a zero tolerance Harassment Policy. All individuals must maintain respect for staff and patrons in the facility.

Proof of Vaccination

No longer required for entry into City facilities as of March 1, 2022.

While some organizations may continue to check vaccination status, the March-Kanata SC will no longer be verifying proof of vaccination for MKSC programming.

Health Screening

Active health screening is no longer required as of March 1, 2022. Instead, the City will post the [Health Screening Poster](#) for participants and spectators to answer on their own.

Anyone who does not pass the self assessment questions should stay home.

Masks

Any person who enters or uses the facility (or when waiting in line outside the facility) other than when participating in physical activity must wear a mask.

Travel

Participants must follow the Federal requirements for travel and quarantine. Up to date information can be found here: [COVID Travel Guidelines](#)



Contract Tracing

Contact Tracing is no longer required as of January 31, 2022.

Food/Drink

Food and drink are allowed in arenas. Canteens are open.

Self-Isolation Guidance

Please review the [Self-Isolation Flowchart](#) if you or a member of your team experiences symptoms.

Capacity

Arenas, including spectator areas, are open at full capacity as of March 1, 2022.

Change Rooms

Change rooms, and showers are open at full capacity. Change rooms are made available 30 minutes prior to ice rental.

Warm-Up

Warm-ups and dryland training is not permitted inside the facility unless allocated as a separate hall.

Planning Meetings

All club administrative activities should be conducted on-line and virtually whenever possible.

Please refer to [Skate Ontario Return to Play Protocols](#)

All individuals must comply with all current OPH recommendations and directives related to COVID-19. Please visit www.ottawapublichealth.ca to learn more.

Please also visit this link for additional resources related to sports and recreation:
[Sports, Recreation and Being Active During COVID-19 - Ottawa Public Health](#)