## STARSkate Session Schedule for 2023-2024

MONDAY - INTERMEDIATE 1&2		
4:00pm 4:20pm	SKILLS	
4:20pm 4:40pm	DANCE	
4:40pm 4:50pm	SPINS	
4:50PM 5:40PM	FREESKATE	
5:40pm 5:50pm	STROKING **	
MONDAY - SENIOR 1&2		
6:00pm 6:20pm	DANCE / SKILLS	
6:20pm 6:30pm	SPINS	
6:30PM 7:40PM	FREESKATE	
7:40pm 7:50pm	STROKING **	
TUESDAY - INT 2 + SENIOR 1&2		
4:00pm 4:20pm	DANCE / SKILLS	
4:20pm 5:20pm	FREESKATE	
TUESDAY - JUNIOR 1		
5:30pm 6:20pm	OPEN	
TUESDAY - JUNIOR 2 + INT 1		
6:30pm 6:50pm	SKILLS / DANCE	
6:50pm 7:50pm	FREESKATE	
WEDNESDAY- INT 2 + SENIOR 1&2		
7:00pm 7:30pm	SKILLS / DANCE	
7:30pm 7:40pm	SPINS	
7:40pm 8:50pm	FREESKATE	
THURSDAY - JUNIOR 1&2		
4:00pm 4:30pm	DANCE / SKILLS	
4:30pm 5:10pm	FREESKATE	
5:10pm 5:20pm	STROKING **	

THURSDAY - INT 1&2 + SENIOR 1&2		
5:30pm 6:00pm	DANCE / SKILLS	
6:00pm – 6:50pm	FREESKATE	
FRIDAY – ADULT STARSkate + INT/SEN		
7:00pm 7:50pm	OPEN	
SATURDAY JUNIOR 1		
7:00am 7:30am	DANCE/ SKILLS	
7:30am 7:40am	SPINS	
7:40 am 8:10am	FREESKATE	
8:20am 8:30am	STROKING **	
SATURDAY - JUNIOR 2 + INT 1		
8:40am 9:00am	DANCE / SKILLS	
9:00am 9:10am	SPINS	
9:10am 10:00am	FREESKATE	
10:00am 10:10am	STROKING **	
SATURDAY - INT 2 + SENIOR 1&2		
10:20am 10:40am	DANCE / SKILLS	
10:40am 10:50am	SPINS	
10:50am 11:40am	FREESKATE	
11:40am 11:50am	STROKING **	
SUNDAY - JUNIOR 1&2		
11:00am 11:10am	STROKING **	
11:10am 11:25am	DANCE	
11:25am 12:05pm	FREESKATE	
12:05pm 12:20pm	SKILLS	
SUNDAY - INT 1&2 + SEN 1&2		
12:30pm 1:50pm	OPEN	

\*\* GROUP SESSION RUN BY MKSC COACHES, COACHING FEES INCLUDED IN REGISTRATION FEE.